Live Tribal

Serabit ElKhadem - Al Alegat Tribe



About The Sinai Trail

Once, the Sinai Trail was a 250 km route taking 14 days to complete and involving 3 tribes. Now it has grown into a 550 km route taking 42 days to complete with all 8 tribes. The Sinai Trail is Egypt's 1st long distance hiking trail, voted one of the best new trails in the world multiple times. It is a community project that aims to support all the tribes of South Sinai with legitimate jobs and opportunities and to create a type of work that helps preserve traditional Bedouin knowledge, skills and livelihoods. We have come a long way the last year and we are starting a new chapter for the trail.

Once, the tribes of South Sinai worked together on old caravan, pilgrim and travel routes. They stopped a long time ago though: they have not worked together in this way for over a century. The Sinai Trail is bringing these tribes back together around a travel route; it is reassembling an old Bedouin alliance in our era and it is keeping a chapter of the Sinai's history alive.





The Hike

We'll cross rugged tablelands, walk wide, sweeping wadis and we'll venture into El Ramla: one of the biggest and most beautiful sand deserts in the Sinai. This is a classic desert hike on one of the most little visited parts of the Sinai Trail. One of the iconic stops we'll be passing by is Serabit El Khadem temple which is a Pharaonic temple in Al Alegat tribe territory and actually the only Egyptian temple in Sinai. According to the ancient tales, the temple is said to belong to Hathor the Egyptian Goddess that found the Turquoise stone mines there. It's a very interesting place to visit that shows how Sinai encompasses an interesting historical side along with its breathtaking scenery. We will also visit some Pharaonic turquoise mines in the same area.





Your Guide

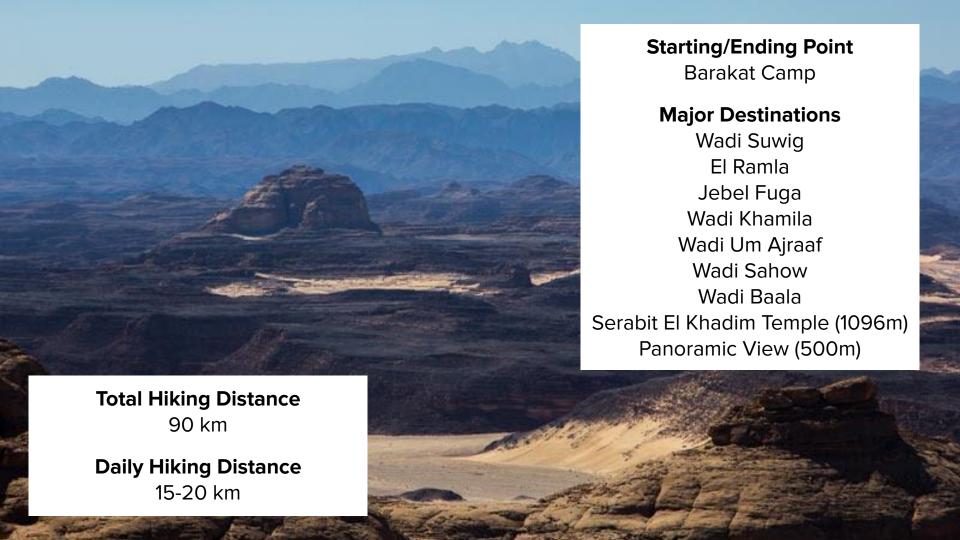
Your guide will be **Youssuf Barakat** who believes that the Sinai Trail will definitely benefit his tribe due to its Pharaonic history that very few people know about, reserving their heritage and providing jobs to the Bedouin who started to give up their lives and dreams in the deserts, selling their camels and heading towards a more stable life in the cities. The Sinai Trail will help Al Alegat territory stand out and become known among the visitors as it's the only territory in South Sinai with Pharaonic remains represented in Serabit El Khadim temple. Youssuf also believes in the strategic place of his tribe as it's in the middle of the peninsula and extends between Al Eima Mountain and Al Teeh Mountain which is a natural border between North and South Sinai.

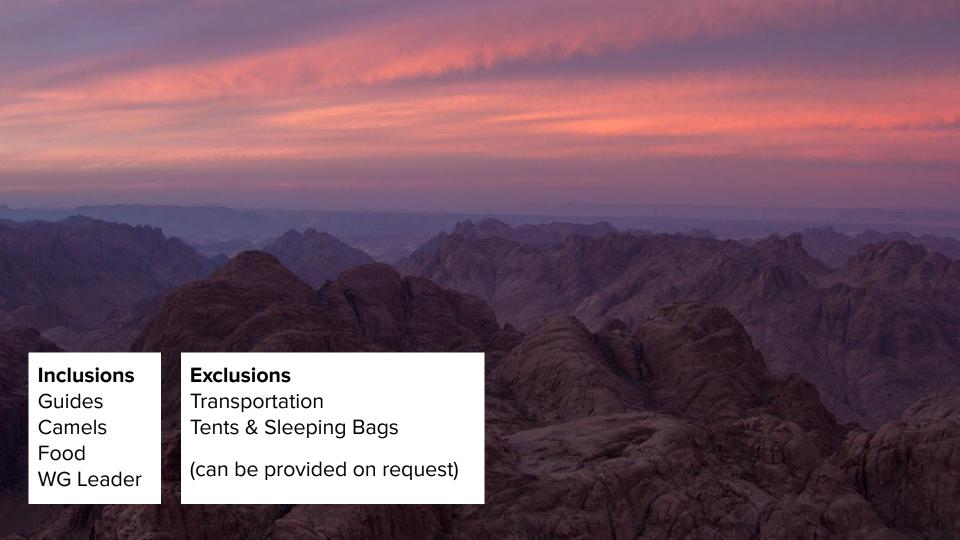
Daily Itinerary

This is a broad description of how your day will look like on the Sinai Trail with different locations and sites to see each day

- Early breakfast
- Packing and leaving the campsite
- Hiking for around 2 to 3 hours
- Lunch Break
- Hiking for another 2 to 3 hours
- Reach camp site and settle
- Relax and have dinner by the campfire
- Enjoy the beauty of the desert and go to bed under the stars









Weather

The weather is usually hot to moderate in the morning and cold to very cold at night. Rain is also very likely to make sure you pack enough rain proof gear (follow the packing list below). We will also check weather forecast closer to the date of the trip and informing you in case of any changes.

Snacks

It's ideal to pack dried fruits, cereal bars, dates, nuts – all these natural goodies will maintain your energy consistently throughout the hike.

Communication

Phone connection isn't always guaranteed on the trail, however, we know where we can find signal in case you want to call home in the middle of your adventure.

Sleeping Arrangements

The Bedouins usually sleep under the stars. They call it the million-star hotel. We will be camping in the wilderness – by camping we also mean that our water resource is minimal so expect no showers, and nature calls are responded in nature – no toilets.

Sleeping Bags

A warm sleeping bag would be suitable for this trip with comfort temperature of 0 degrees. We also recommend using sleeping bag liner or just wearing more warm layers during sleeping for people who'd still feel cold. Sleeping bags can be big, bulky and weighty, so get the smallest, lightest model you can. Remember, the weather in Sinai is colder than what most people would expect, especially if they are not familiar with it.

Litter and Waste

Litter takes a long time to decompose in the wilderness; especially in a dry, desert environment like Sinai. Plastic bags can take over 10 years, aluminium cans over 85 years, and glass bottles thousands of years. Please never drop litter on the Sinai Trail - Where possible we will burn waste: at other times, we'll carry it off trail.

Water Conservation

Water is precious in the desert – every drop. Both its quantity and quality. Please treat it as the precious resource it is. First of all, don't waste water, or use it for things that are unnecessary. With designated drinking sources, which we'll pass by and use, it's important to keep them pristine. Don't wash hands or faces, or brush teeth in them.

Going to the toilet

There are only a few spots with designated toilets on the Sinai Trail: even then, they are basic, hole-in-the-ground toilets. When you need to go to the toilet, please find a secluded spot (e.g. behind a boulder) at least 100m from the nearest water source. Carry a cigarette lighter and burn any toilet paper you use on the spot or put it in a sealable plastic bag to carry it out. Always tell your guide or leader if you are taking a toilet break, so they can ensure you don't get separated from the group.

Support local communities

We have the privilege of going to remote places and interacting with communities most tourists will never see. We ask hikers to dress according to local norms, wearing long trousers to cover their legs like the Bedouin do. Permission should be asked before taking photos of local people, especially Bedouin women.



Packing List

Hiking Items

- ☐ Long sleeve dri-fit shirts
- ☐ Long sleeve leggings
- ☐ Gilet (optional)
- ☐ Thin warm layers (fleece)
- ☐ Waterproof breathable jacket (windbreakers work
- best)
- ☐ Thermals (top and bottom)
- ☐ Hiking Pants or normal warm trousers
- ☐ Sunhat or shemagh or

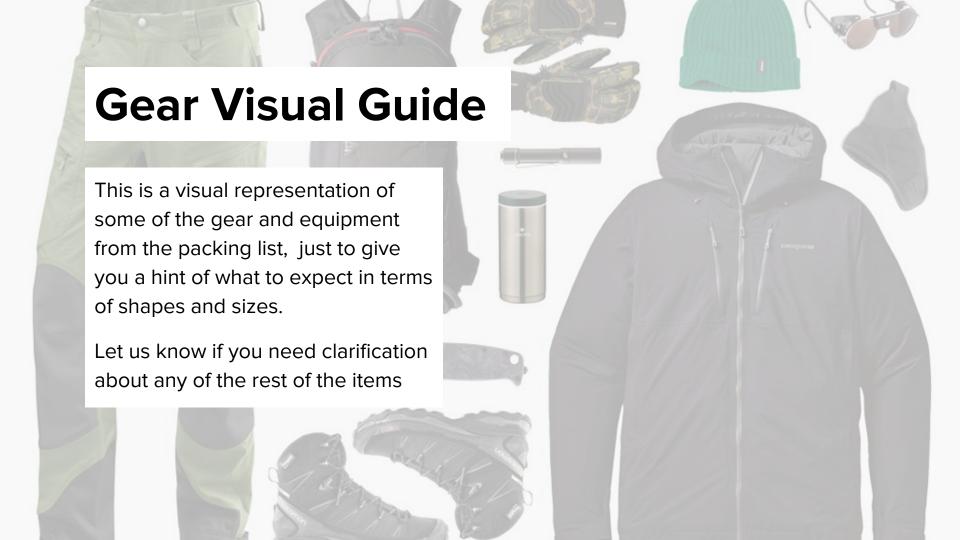
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- □ Warm hat
- □ Warm gloves
- □ Underwear
- ☐ Socks (wool socks or synthetic are more recommende
- ☐ Sturdy hiking boots/shoes (plus spare laces)
- ☐ Small backpack for the trail

General Items

- ☐ Comfortable footwear for camps (sandals, crocs, etc.)
- ☐ Sleeping bag (comfort level 0 degree celsius)
- ☐ Passport/Egyptian ID card
- ☐ Headtorch (plus spare batteries)
- ☐ Mosquito repellent (optional)
- ☐ Sunglasses and sunscreen
- ☐ 3x Water bottles 1.5 liters/each.
- ☐ Personal snacks (dates, nuts, halawa, etc.)
- □ Personal medication
- ☐ Sewing kit (optional)
- □ Whistle (recommended)
- ☐ Toiletries (soap, toothbrush, toothpaste, wet wipes, etc.)
- ☐ Hiking Poles (recommended)
- ☐ Phone, camera, batteries & cables
- ☐ Bigger duffle bag for all your clothes



Foot Wear

Hiking Equipment

Hiking Poles

Head Wear

Socks Liner socks and heavy wool socks for colder days



Hiking Boots Ankle length. A size bigger than your normal size and preferably waterproof



Head Torch Bring extra batteries



Warm Gloves



Buff



Sunhat



Warm Hat



Sun Glasses



Technical Clothing

Personal Equipment

Thermals



Long sleeve dri fit Shirts



Fleece



Hiking Pants



Windbreaker



Small Backpack 20L-30L



Duffle Bag 80L-90L



Water Bottle



Sleeping Bag



Book your spot now!

Get in touch journey@wildguanabana.com

