

# Live Tribal Ghost Town of Um Bogma

28<sup>th</sup> of December



## Your Guide

Your guide will be **Youssuf Barakat** who believes that the Sinai Trail will definitely benefit his tribe due to its Pharaonic history that very few people know about, reserving their heritage and providing jobs to the Bedouin who started to give up their lives and dreams in the deserts, selling their camels and heading towards a more stable life in the cities.

The Sinai Trail will help the smaller tribes; ALegat, Hamada & Sawalha to stand out and become known among the visitors of Sinai.

Youssuf also believes in the strategic place of his tribe as it's in the middle of the peninsula and extends between Al Ejma Mountain and Al Teeh Mountain which is a natural border between North and South Sinai.

## Detailed Itinerary

**Day 1 (28/12) - Night travelling to Serabit - Barakat camp. Rest and Breakfast on arrival. Walk over the Pharaonic temple of Serabit el Khadem and go down Darb el Khawaja to Wadi Um Ajraaf.**

**Day 2 (29/12) - Walk from Wadi Um Ajraaf over high passes to Wadi Sahow and stay near a village of the Hamada tribe.**

**Day 3 (30/12) - Walk from Wadi Sahow over high passes to the highlands of Um Bojma, where an old English mine stands.**

**Day 4 (31/12) - Walk down from Um Bogma to an oasis of lush palm trees in the gorge of Wadi Baabaa.**

**Day 5 (01/01) - Walk from Wadi Baabaa over sandy dunes to the tomb of an old Bedouin holy man, Sheikh Gray.**



## **Info Session**

An info session will be held before the trip where you will get to meet with the WG team members who will be leading your adventure and ask any questions you might have.

## **Meeting Point**

Your first meeting point will be in Lebanon Square - Mohandessin on the 25th of April at 02:00 am and the second meeting point will be in front of the UAE Embassy - Thawra Street at 02:30 am, then we head to Sinai.

## **Transportation**

We'll be using comfortable clean Toyota HiAce minibuses.

## **Snacks**

It's ideal to pack dried fruits, cereal bars, dates, nuts – all these natural goodies will maintain your energy consistently throughout the hike.

## **Communication**

Phone connection isn't always guaranteed on the trail, however, we know where we can find signal in case you want to call home in the middle of your adventure.

## **Weather**

Here you can monitor the forecast for the area

[https://www.yr.no/place/Egypt/South\\_Sinai/Jabal\\_Sar%C4%81b%C4%AB%C5%A3\\_al\\_Kh%C4%81dim/long.html](https://www.yr.no/place/Egypt/South_Sinai/Jabal_Sar%C4%81b%C4%AB%C5%A3_al_Kh%C4%81dim/long.html).

## **Sleeping Arrangements**

The Bedouins usually sleep under the stars. They call it the million-star hotel. We will be camping in the wilderness – by camping we also mean that our water resource is minimal so expect no showers, and nature calls are responded in nature – no toilets. You can rent one of our tents for sleeping which can accommodate 2 hikers per tent and provide insulation from the cold and a barrier against rain, which is possible at any time, and also against mosquitos.

## **Sleeping Bags**

A warm sleeping bag would be suitable for this trip with comfort temperature of 5 degrees. We also recommend using sleeping bag liner or just wearing more warm layers during sleeping for people who'd still feel cold. Sleeping bags can be big, bulky and weighty, so get the smallest, lightest model you can. Remember, the weather in Sinai at night is colder than what most people would expect, especially if they are not familiar with it.

## **Litter and Waste**

Litter takes a long time to decompose in the wilderness; especially in a dry, desert environment like Sinai. Plastic bags can take over 10 years, aluminium cans over 85 years, and glass bottles thousands of years. Please never drop litter on the Sinai Trail - Where possible we will burn waste: at other times, we'll carry it off trail.

## **Water Conservation**

Water is precious in the desert – every drop. Both its quantity and quality. Please treat it as the precious resource it is. First of all, don't waste water, or use it for things that are unnecessary. With designated drinking sources, which we'll pass by and use, it's important to keep them pristine. Don't wash hands or faces, or brush teeth in them.

## **Going to the toilet**

There are only a few spots with designated toilets on the Sinai Trail: even then, they are basic, hole-in-the-ground toilets. When you need to go to the toilet, please find a secluded spot (e.g. behind a boulder) at least 100m from the nearest water source. Carry a cigarette lighter and burn any toilet paper you use on the spot or put it in a sealable plastic bag to carry it out. Always tell your guide or leader if you are taking a toilet break, so they can ensure you don't get separated from the group.

## **Support local communities**

We have the privilege of going to remote places and interacting with communities most tourists will never see. We ask hikers to dress according to local norms, wearing long trousers to cover their legs like the Bedouin do. Permission should be asked before taking photos of local people, especially Bedouin women.

# Packing List

## Hiking Items

- Long sleeve dri-fit shirts
- Long sleeve leggings
- Thin warm layers (fleece)
- Waterproof breathable jacket (windbreakers work best)
- Hiking Pants or normal warm trousers
- Sunhat or shemagh or buff
- Underwear
- Socks (wool socks or are recommended)
- Sturdy hiking boots/shoes (plus spare laces)
- Small backpack for the trail
- Waist bag (optional to keep your snacks handy)

## General Items

- Comfortable footwear for camps (sandals, crocs, etc.)
- Sleeping bag (comfort level 5 degree celsius)
- Passport/Egyptian ID card
- Headtorch (plus spare batteries)
- Mosquito repellent (optional)
- Sunglasses and sunscreen
- 3x Water bottles 1.5 liters/each.
- Personal snacks (dates, nuts, halawa, etc.)
- Personal medication
- Sewing kit (optional)
- Whistle (recommended)
- Toiletries (soap, toothbrush, toothpaste, wet wipes, etc.)
- Hiking Poles (recommended)
- Phone, camera, batteries & cables
- Bigger duffle bag for all your clothes

A collection of outdoor gear items including olive green pants, a black vest, camouflage gloves, a teal beanie, sunglasses, a black jacket, a silver water bottle, a flashlight, and black boots. The items are arranged in a collage-like fashion.

# Gear Visual Guide

This is a visual representation of some of the gear and equipment from the packing list, just to give you a hint of what to expect in terms of shapes and sizes.

Let us know if you need clarification about any of the rest of the items



## Foot Wear

### Socks

wool socks for colder days



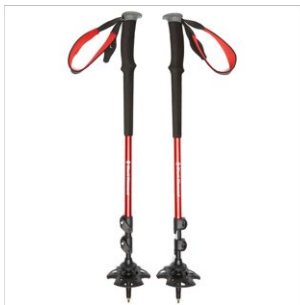
### Hiking Boots

Ankle length. A size bigger than your normal size and preferably waterproof



## Hiking Equipment

### Hiking Poles



### Head Torch

Bring extra batteries



## Head Wear

### Buff



### Sunhat



### Sun Glasses



# Technical Clothing

## Hiking Pants



## Fleece



## Long sleeve dri fit Shirts and leggings



## Windbreaker



## Underwear



# Personal Equipment

## Small Backpack 20L-30L



## Duffle Bag 80L-90L



## Water Bottle



## Sleeping Bag



Book your spot now!

**EGP 5,500**

**Get in touch**

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